LexVid Services, Inc., Presents:

A New Kind of Practice: Providing Affordable "Limited Scope" Legal Counseling

Total: **60 Minutes**

Speaker: Janet Sobel

The practice of law is fraught with stressors that can have a tremendous impact on an attorneys health and well-being. Data suggests that lawyers are 3 times more likely to suffer from depression, have an alarmingly higher rate of suicide when compared to other professions, and are twice as likely to become chemically dependent than the general population. There are several career-adjustment options for combating attorney depression, one of which is "limited scope" counseling. This is a relatively new type of practice that focuses on providing certain limited legal services to the client usually at an affordable cost. These type of services can range from bankruptcy assistance, real estate matters, trusts and estates, mediation guidance, etc, while litigation services and more complex cases are referred out. Topics Include:

- Triggers for Attorney Depression & Substance Abuse (15 min.)
- What is a Limited Scope Practice? (15 min.)
- Transitioning to a Limited Scope Practice (15 min)
- Outcomes Attorneys Should Expect (15 min)

Total: 60 minutes

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