LexVid Services, Inc., Presents:

Why the Legal System Brings Unhappiness to Lawyers - & What to Do About It

Total: **52 Minutes**

Speaker: Janet Sobel

The legal profession is fraught with unhappy lawyers. The statistics on lawyer depression, substance abuse, and suicide are staggering. This program explores the unique pressures of the legal system that can trigger lawyer unhappiness, and looks at various ways an attorney can improve his or her quality of life.

- Substance Abuse & Other Problems (15 min.)
- Cause of Lawyer Dissatisfaction (12 min.)
- Addressing the Cause (15 min)
- Tips for Increasing Happiness in the Legal System (10 min)

Total: 52 minutes

©LexVid, Inc. All Rights Reserved